

Code of Conduct for British Orienteering Coaches

Coaches have a Duty of Care to their athletes and helpers, this includes

Core elements – Coaches must:

- Engage only in behaviours which do not constitute any form of abuse (physical, sexual or emotional), neglect or bullying and require the same of the athletes.
- Assess and control risks for activities at acceptable levels, require athletes to comply with identified precautions, and ensure that adequate first aid is at hand.
- Treat all involved in coaching sessions in a fair and considerate manner.
- Identify information about participants which is confidential and deal with it discreetly.
- Abide by the law and require athletes being coached and any others in the group to do the same.
- Abide by applicable British Orienteering Policies and Procedures and require athletes being coached and any others in the group to do the same. These include specific coaching guidelines, 'O-Safe, A Guide to the Welfare of Children & Vulnerable Adults' and the Trips Away procedure.

Rights – Coaches must:

- Respect and support the rights of every individual to take part in orienteering.

Relationships – Coaches must:

- Promote the welfare of athletes being coached.
- Take action if they have any welfare concerns about any of their athletes by implementing the appropriate British Orienteering procedures.
- Discuss with the athletes, their parents/carers (if an athlete is under 18) and other coaches the nature of the coaching programme, any costs involved and the potential impact of the programme on the athlete.
- Avoid developing inappropriate intimate relationships with athletes being coached.

Responsibilities (Professional Standards) – Coaches must:

- Encourage athletes to take responsibility for their own development.
- Provide feedback in a constructive and encouraging manner to all athletes being coached.
- Provide orienteering experiences which are positive and enjoyable and which are suitable for the athletes' ages and abilities, as well as their physical, behavioural and emotional development.

Responsibilities (Personal Standards and Personal Development Standards) – Coaches must:

- Be fair, considerate and honest in their dealings with everyone.
- Display high standards of language, manner, punctuality, preparation and presentation.
- Be a positive role model for athletes and other coaches. This will include promoting an image of a healthy lifestyle (do not smoke, take banned substances or drink alcohol whilst coaching or responsible for athletes).
- Promote respect for the environment.
- Be committed to ongoing development of their knowledge and skills.
- Ensure that their qualifications are up to date and their British Orienteering Licence to Practice is valid.

As a qualified Coach I confirm that I have read, signed and agree to abide by the Code of Conduct for Coaches as required by British Orienteering.

Name.....

British Orienteering No.....

Signed

Date